ORANGE YOU GLAD IT'S CHRISTMAS-TIME?

Even though Christmas is dominated bu Red and Green, a splash of Orange can add so much more to this Holiday season. Christmas is the perfect time for Oranges! Not only are they in season, but the Vitamin C they contain can help provide protection against the cold weather this time of year. You can also make clove oranges like in the picture below to add a little freshness to the season!



DECEMBER DAMON

A choice of milk and a Grab N' Go will be offered every day.

Tolleles of Hilling at State 1. See that see chorea every day.				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Baked Ziti with Breadstick or Choice of Pizza Seasoned Vegetables Garden Salad Fruit Dessert	3 Tacos Lettuce & Tomatoes Pinto Beans Spanish Rice Homemade Salsa Pineapple	4 Loaded Mac & Cheese Bowls Garlic Knot Carrot Dippers Sauteed Squash Fluffy Fruit Salad	5 Steak Fingers or Boneless Wings Hot Roll Mashed Potatoes Seasoned Green Beans Cinnamon Apples	6 Chili Dog Basket with Fries Baked Beans Fresh Baked Cookie Fresh Fruit
9 Chicken Alfredo with Garlic Bread or Choice of Pizza Garden Fresh Salad Seasoned Vegetables Fruit Cup	10 Enchiladas or Crispitos Pinto Beans Lettuce & Tomatoes Spanish Rice Homemade Salsa Fruit Cup	11 Asian Bowl with Fried Rice or Popcorn Chicken Broccoli Normandy Steamed Baby Carrots Fruit Salad	12 Crispy Chicken Drumstick or Chicken Strips Hot Roll Mashed Potatoes Green Beans Orange Smiles	13 Cheese Burger or Corn Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit
16 Spaghetti with Meat Sauce & Garlic Toast or Choice of Pizza Seasoned Vegetables Side Salad Fruit Dessert	17 Nachos Tossed Salad Refried Beans Spanish Rice Homemade Salsa Fresh Apples	18 Crispy Chicken Wrap or Sausage Dog Choice of Chips Pasta Salad Carrot Dippers Fruit Cup	19 Country Bowl or Country Bucket Hot Roll Seasoned Vegetable Fruit Cup	20 Grab VI' Go Sack Lunch

An option of cereal & toast, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

MONDAY TUESDAY WEDNESDAY **THURSDAY FRIDAY** WEEK OF 12/2 & 12/16 Eggs & Bacon w/ Toast Pancake Wrap **Breakfast Pizza** Pig in a Blanket **Biscuits & Gravy WEEK OF 12/9** Eggs w/ Sausage & Toast **Breakfast Sandwich Breakfast Tacos Waffles Banana Bread**

This institution is an equal opportunity provider.