

MAY DAMON

A choice of milk will be offered every day.

Summer Safety Tips for Kids:

- Sun Safe
 - » Wear sunscreen, a hat, and sunglasses. Stick to the shade when the sun's super strong (10 a.m.—4 p.m.).
- Drink Water
 - » Sip water all day—especially when it's hot or you're playing hard.
- Too Hot? Speak Up!
 - » If you feel dizzy, tired, or have a headache, tell an adult. You might be too hot.
- Water Rules
 - » Always swim with an adult nearby. Use a life jacket if needed and watch out for deep water.
- Grill = No Play Zone
 - » Stay away from grills—they're super hot! Let adults handle the cooking.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 <i>Cinco De Mayo!!</i> Tacos Lettuce & Tomatoes Pinto Beans Spanish Rice Homemade Salsa Pineapple	6 Manager's Special 	7 Grilled Cheese Sandwich or Mac & Cheese Choice of Chips Seasoned Corn Cucumber Salad Fruit	8 Steak Fingers or Boneless Wings Hot Roll Mashed Potatoes Roasted Vegetables Cinnamon Apples	9 Chicken Sandwich Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit
12 Chicken Alfredo with Garlic Bread or Choice of Pizza Garden Fresh Salad Seasoned Vegetables Fruit Cup	13 Frito Pie or Crisпитos Pinto Beans Shredded Lettuce Chopped Tomatoes Spanish Rice Homemade Salsa Fruit Cup	14 Asian Bowl with Fried Rice or Popcorn Chicken Steamed Broccoli Steamed Baby Carrots Fruit Salad	15 Chicken & Waffles or Chicken Strips with Hot Roll Mashed Potatoes Steamed Vegetables Berries & Cream	16 Cheese Burger or Corn Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit
19 Spaghetti with Meat Sauce & Garlic Toast or Choice of Pizza Seasoned Vegetables Side Salad Fruit Dessert	20 Nachos Tossed Salad Refried Beans Spanish Rice Homemade Salsa Fresh Apples	21 Manager's Special 	22 Country Bowl or Country Bucket Hot Roll Seasoned Vegetable Fruit Cup	23 Chili Dog Basket with Fries Baked Beans Fresh Baked Cookie Fresh Fruit
26 ENJOY YOUR DAY OFF!	27 Tacos Pinto Beans Spanish Rice Homemade Salsa Lettuce & Tomato Orange Smiles	28 Manager's Special 	29 Grab N' Go Sack Lunch!	30 ENJOY YOUR SUMMER!

An option of cereal & toast, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

Breakfast	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of 5/5 & 5/19	Pancake Wrap	Eggs w/ Sausage & Toast	Breakfast on Bun	Breakfast Pizza	Yogurt Parfait & Grahams
Week of 5/12	Pig in a Blanket	Eggs & Bacon with Toast	Biscuits & Gravy	Breakfast Tacos	Banana Bread